

Outline for Catechesis of Adult Confirmands In Preparation for the Sacrament of Confirmation Vigil of Pentecost on May 19th, 2018 at the Cathedral of the Blessed Sacrament



This twelve-session course of instruction is intended for catechized adults who are preparing to receive the Sacrament of Confirmation at the Cathedral. It is intended to help those candidates accept and understand the Baptismal call to holiness and discipleship. It is also designed to allow these candidates to become more incorporated into the liturgical life of the parish and the Diocese of Sacramento.

Catechesis to prepare baptized adults for the Sacrament of Confirmation includes the following:

- Mandatory Introductory meeting
- Breaking open the Sunday Gospel for the Sundays of Lent and the Sundays of Easter, not including Easter Sunday. Baptized Catholics are never dismissed from Mass. The session for “Breaking open the word” take place *after* Mass, during class.
- A general catechesis reviewing the articles of the Life of Prayer, the Creed, the Sacraments, the Ten Commandments and Life in Christ. (Listed below are catechetical themes for each session. The catechetical session might follow the breaking open of the word.) The *confirmand* is required to read the week’s theme prior to the class and bring the respective written questions on the Reader’s Journal. Our core book is the “United States Catholic Catechism for Adults”

The preparation for the Sacrament of Confirmation requires:

- Celebration of the Sacrament of Reconciliation at Parish Penance Service (during the Lenten season.) or in Private Confession before May 19th, 2018.
 - Participation in a one morning Retreat (April 28th, 2018)
 - **Faithful participation in all Sunday Masses**
 - **Faithful and active participation in classes.** The *confirmand* is required to read the week’s theme prior to the class and bring the respective written questions on the Reader’s Journal. Only two absences are permitted.
 - Participation in a Parish Ministry, for at least two months, during the Confirmation Preparation
 - Participation in the Chrism Mass if possible
 - Participation in the Easter Triduum (strongly recommended)
 - Daily Reading of Holy Scripture (strongly recommended)
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CALENDAR

January 28th, 2018	Introductory meeting 10:30am-1:00pm
February 4th, 2018 9am-12:30pm (Mass & Session)	5 th Sunday in Ordinary Time, The Creed: The Faith Professed - Chapters 1-4
February 11th, 2018 9am-12:30pm	6 th Sunday in Ordinary Time The Creed: The Faith Professed - Chapters 5-11 & 13
February 18th, 2018 9am-12:30pm	1 st Sunday of Lent The Faith Celebrated - Sacraments of Initiation Baptism and Confirmation - Chapters 15-16
February 25^h, 2018 9am-12:30pm	2 nd Sunday of Lent Paschal Mystery and the Eucharist - Chapters 14 & 17
March 4th, 2018 9am-12:30pm	3 rd Sunday of Lent Sacraments of Anointing and Reconciliation – Chapters 18-19
March 11th, 2018 9am-12:30pm	4 th Sunday of Lent Sacraments of Marriage and Order – Chapters 20-21 Sponsor Session
March 18th, 2018	No Session
March 25th, 2018	PALM SUNDAY No Session
Celebration of the EASTER TRIDUUM: (We strongly encourage your participation!!!)	
	March 29 th – HOLY THURSDAY
	March 30 th – GOOD FRIDAY
	March 31 st – HOLY SATURDAY
April 1st, 2018	EASTER SUNDAY (No Session)
April 8th, 2018 9am-12:30pm	1 st Sunday of Easter Christian Morality: The Faith Lived Call to Holiness and Catholic Teaching on Social Justice – Chapters 23-24
April 15th, 2018 9am-12:30pm	2 nd Sunday of Easter Christian Morality: The Faith Lived - 10 Commandments - Chapters 25-28 The Creed: The Faith Professed – Chapter 12 (Mary)

April 22nd, 2018	No Session – Good Shepherd 25th Anniversary Weekend celebration
April 28th, 2018 SATURDAY 8:45am-12:30pm	Half Day Retreat – <i>Confirmand</i> AND Sponsor Prayer: The Faith Prayed – Chapter 35 and 36 Review of the Rite of Confirmation and of the Assessment Test
April 29th, 2018	No Session
May 6th, 2018 9am-1:00pm	6 th Sunday of Easter Christian Morality: The Faith Lived - 10 Commandments - Chapters 29-34
May 13th, 2018	MOTHER'S DAY (No Session)
May 19th, 2018	Vigil of Pentecost – CONFIRMATION DAY at the Cathedral at 3:00 p.m.

LINKS:

For the online version of the “United States Catholic Catechism for Adults”: <http://ccc.usccb.org/flipbooks/uscca/index.html#2>
Amazon link (Paperback or Kindle version): http://www.amazon.com/United-States-Catholic-Catechism-Adult/dp/1574554506/ref=sr_1_1?ie=UTF8&qid=1453857349&sr=8-1&keywords=United+States+Catholic+Catechism+for+Adults

NB. Please note that all candidates for Confirmation must present a **RECENT Baptismal Certificate, issued between November 2017 and February 2019, and this certificate should have notations on the back for the Sacraments of Eucharist or Matrimony. You should contact the parish where you were baptized and request a recent Baptism certificate for your Confirmation registration.** If it is not noted, the candidate should also present a copy of their Eucharist and marriage certificate. A Catholic who is married, *but not in the church*, needs to consult with your pastor in this case.