

**Good Shepherd Catholic Church  
Catholic Faith Formation**

**2016 - 2017 Exit Interview Study Guide for YEAR 2**

- 1. The Candidate will begin the Exit Interview by demonstrating their familiarity with the most fundamental of all Catholic prayers. The CANDIDATE will begin the interview with the Sign of the Cross and then pray the...  
“Hail Mary...”, “Our Father...”, & “Glory Be...”**

*Questions 2 – 15 are based on the lessons we have covered over the past two years AND can also be found in your YOUCAT. Our expectation is that you are able to provide the answers to these questions WITHOUT referring to notes.*

- 2. Who are the three persons of the Blessed Trinity? YOUCAT #35 and #36**
- 3. What do you know and believe about God the Father? YOUCAT #30 - #37**
- 4. What do you believe in Jesus Christ? YOUCAT #39 & #71 - #79**
- 5. What are the best ways to learn more about Jesus Christ?**
- 6. What is a sacrament? How many Sacraments are there? YOUCAT #172 - #177**
- 7. What is Grace? What is Sanctifying Grace? YOUCAT #338 - #340**
- 8. Name the Sacraments of Initiation. Briefly describe each. YOUCAT #194, #200, #203, & #208**
- 9. What are the Sacraments of Healing? YOUCAT #224 - #239 & #240 - #247**
- 10. What are the Sacraments of Service? YOUCAT #248 - #259 & #260 - #265**
- 11. What is the Sacrament of Confirmation? YOUCAT #203 - #207**

12. Who is the Holy Spirit? **YOUCAT #113 - #120**

13. What are the Seven Gifts of the Holy Spirit & how do they work in our lives? **YOUCAT #310**

14. Why does the Bishop lay hands on the Confirmandi at Confirmation? **YOUCAT #115 & #204**

15. Why are the Confirmandi anointed with Chrism Oil at Confirmation? **YOUCAT #115**

*Questions 16 – 21 are questions that require YOUR personal reflection and response. Our expectation is that during the Exit Interview you are able to have a **conversation** with the Core Team Member with regards to your reflections on these questions.*

*The key to reflecting on these questions is to consider... “What is your relationship with Jesus like right now and how do you want your relationship with God the Father, Son, & Holy Spirit to continue to grow and mature through your life?” Be specific and give examples!*

16. Do you wish to be confirmed? **WHY** do you wish to be confirmed?

17. Who did YOU choose as your Confirmation sponsor and why?

18. How do you see yourself remaining involved within Good Shepherd parish after you are confirmed?

19. How will you continue to grow in your Catholic faith after receiving the Sacrament of Confirmation?

20. Since EDGE/ONE EIGHT began, has your reason for wishing to be confirmed changed? Explain your answer.

21. What are some questions you still have about the Catholic Faith and/or receiving the Sacrament of Confirmation?

**WRITTEN RESPONSE:** *The Confirmation Candidate needs to provide a **TYPED** personal response to the following prompt...*

1. **Since you have begun preparing for the Sacrament of Confirmation, what have you learned about yourself as a Catholic Christian and what have you learned about your relationship with God the Father, God the Son, and God the Holy Spirit? How do you feel you have grown in your Catholic faith? Please give specific examples.**
  - *This typed response **must be brought with you** and turned in to the Core Team Member conducting your Exit Interview.*
  - *This typed response needs to include the following **formatting**: double spaced, 12 point font, 1 inch margins, and should be at least 500 words (approximately 2 pages).*