



## Chapter Seven

# Words Are Not Enough

*“It is the Holy Spirit, therefore, who instills the sentiment of divine sonship into the heart, who makes us feel (not just know!) that we are children of God. The Spirit himself joins with our spirit to bear witness that we are children of God (Rom. 8:16). This fundamental work of the Holy Spirit sometimes takes places in a sudden and intense way in the life of a person... On the occasion of a retreat ... or on the occasion of prayer for a new releasing of the Spirit the soul is filled with a new light in which God reveals himself in a way as Father. ... A feeling of great trust and confidence and a completely new sense of the condescension of God are experienced. At other times, instead, this revelation of the Father is accompanied by such a strong feeling of God’s majesty and transcendence that the soul is overwhelmed.”<sup>31</sup>*

- Raniero Cantalamessa,  
*Life in the Lordship of Christ*



## THE GRACE: *To Be Overwhelmed*



And I will ask the Father, and he will give you another helper [Paraclete], to be with you forever, even the Spirit of truth . . . you know him, for he dwells with you, and will be in you.<sup>32</sup>

John 14:16-17



## THEMES

### The Holy Spirit...

- Convinces me that Jesus came to rescue me.
- Moves me to surrender.
- Gives me a heart to go rescue others.

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31. Cantalamessa, *Life in the Lordship of Christ*, 167-168.

32. Jn. 14:16-17 RSV.



## QUESTIONS TO CONSIDER

### Reflection on the Spirit

- Holy Spirit, help me to know these are not just words.
- Holy Spirit, take me to Calvary.
- Holy Spirit, convince me that Jesus is on the cross for me.
- Holy Spirit, convince me that God is my Father.
- Holy Spirit, convince me that I am his beloved son/daughter.
- Holy Spirit, overwhelm me now.

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