

# Catholic Resources for Families



"The Last Supper," 16th century, attributed to Antonio de Alfián

*The following links are a compilation put together by Deacon Rommel Declines to be used a resource for individuals and families especially during this time of isolation. Remember, prayer is not cancelled but is even more important now as we journey through Lent in physical isolation. Through prayer, we can join together in spiritual unity.*

## Liturgy of the Hours

- <http://www.ibreviary.com/m/breviario.php>
- <https://divineoffice.org/>
- [Liturgy Training Publications](#)

## 31 Days with Saint Ignatius

- [https://www.ignatianspirituality.com/31-days-with-saint-ignatius/?fbclid=IwAR25EWpN6dJQtPYPM\\_x3w70pabtHsQWYCVrkg\\_v4D1YpHRJeiZAWJaCyTYQ](https://www.ignatianspirituality.com/31-days-with-saint-ignatius/?fbclid=IwAR25EWpN6dJQtPYPM_x3w70pabtHsQWYCVrkg_v4D1YpHRJeiZAWJaCyTYQ)

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## Live feed of adoration and prayers online

- <http://www.savior.org/devotions.htm>

## Online Mass, Stations of the Cross and Daily Meditations based on the day's scripture readings

- Word on Fire Daily Mass  
<https://www.wordonfire.org/daily-mass/>
- Daily Mass video (from the CatholicTV website)  
<http://www.catholictv.org/masses/catholictv-mass>
- EWTN Daily Mass  
<https://www.ewtn.com/radio/podcasts/daily-mass-ENMASS>
- Bishop Barron/Word on Fire Stations of the Cross  
<https://stations.wordonfire.org/stations-of-the-cross>
- Franciscan Stations of the Cross  
<https://thomasaquinas.edu/%E2%80%A6/pray-stations-cross-students-th%E2%80%A6>
- Reflection from the U.S. Conference of Catholic Bishops website  
<https://www.youtube.com/user/usccb>
- Guided daily meditation on the day's scripture readings:  
<https://pray-as-you-go.org/>
- Word Among Us  
<https://wau.org/meditations/>
- Regnum Christi Meditations  
<https://www.regnumchristi.org/en/daily-meditation/>

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## Parishes throughout the Diocese of Sacramento who are livestreaming Masses

- <https://www.scd.org/coronavirus/livestreams>

## Radio Santisimo

- Listen on 1240AM, 1340AM, 106.5 FM Vallejo, 95.7 FM Elk Grove, Radio Santisimo App, or watch on Facebook: <https://www.facebook.com/RadioSantisimoSac/>
- Monday - Saturday at 8am in Spanish
- Sundays at 9am in Spanish

## Resources

### Vatican News

- <https://www.vaticannews.va/en.html>

### Dominican Sisters of Mary

- [https://www.youtube.com/c/goledigital?goal=0\\_675b94a6c8-98133b0482-156061623&mc\\_cid=98133b0482&mc\\_eid=1f17c99f90](https://www.youtube.com/c/goledigital?goal=0_675b94a6c8-98133b0482-156061623&mc_cid=98133b0482&mc_eid=1f17c99f90)

### Catholic Mass & Spiritual Resources during COVID-19 (and Anytime!)

- <https://www.cacatholic.org/covid-spiritual-resources>

### Free Online Catholic Resources from Catholic Digest

- <http://www.catholicdigest.com/faith/prayer/free-online-catholic-resources-to-use-at-home-during-covid-19-outbreak/>

# Catholic Resources for Families

## For Family

- [52 Sundays for Families](#)
- [Catholic During COVID-19](#) (Life Teen)
- [Coronavirus Response Lesson](#) (Loyola Press)
- [My Catholic Kids](#)
- [Tiny Saints](#)

## Mass

- [Practice of Spiritual Communion](#) (Alcuin Institute for Catholic Culture)
- [Catholic Holy Mass Live Online](#) (Mass Search)
- [Catholic T.V.](#) (Daily Mass live broadcasts and rebroadcasts)
- [Daily Mass Live Stream with Cincinnati Jesuit Community](#)
- [EWTN](#) (Daily and Mass live broadcasts and rebroadcasts)
- [La Santa Misa](#) (Sunday Spanish Mass)
- [Sunday Mass at Notre Dame](#)
- [Word on Fire: Daily Mass from Bishop Barron's Chapel](#)

## Prayers

- [A Spiritual Care Package](#) (Boston College Kairos)
- [Centering Prayer](#) (Contemplative Outreach)
- [Examen for Life During COVID-19](#) (Ignatian Solidarity Network, in multiple languages)
- [Give Us This Day](#)
- [Magnificat Online](#)
- [One Hail Mary at a Time](#) (Prayer Requests)
- [Popes Francis' Prayer to Mary During Coronavirus Pandemic](#)
- [Prayer Resources](#) (Archdiocese of Detroit)
- [Stella Coeli: A Prayer in Time of Pestilence](#)
- [USCCB President's Reflection Reflection and Prayer During Coronavirus](#)
- [Prayer and Connection in Times of Crisis](#)

# Catholic Resources for Families

## Reflections

- [AMDG Podcast: Fr. Jim Martin: Ignatian Spirituality Can Guide Us in the Storm](#) (Apple Podcast Reflection)
- [Catholic Women Preach](#) (Reflections)
- [Coronavirus: A Reminder That We are All Connected](#) (Reflection)
- [Detroit Catholic: 'My peace I give to you': Gaining peace of heart in a time of high anxiety](#) (Reflection)
- [Gesu Church Detroit](#) (Homily)
- [Hope and Community in the Time of Coronavirus](#) (Reflection)
- [Ignatian Wisdom for COVID-19](#) (Jesuits in Ireland)
- [Listening for God When We're Stuck](#) (Reflection)
- [No Mass? Practice Spiritual Communion](#) (Reflection)
- [Social Distancing: What Would Jesus Do? | One-Minute Jesuit](#) (YouTube Reflection)
- [Sts. Peter and Paul Jesuit Church](#) (Weekly Homilies)
- What Can Christians Do in the Time of Coronavirus? ([Video](#) | [Article](#))

## Virtual Communities

- [BrianGeeding](#) (Instagram IGTV; 8:30 a.m. EST morning prayer)
- [Catholics Quarantine for the Common Good](#) (Facebook)
- [Center for Faith and Justice at Xavier University](#) (Instagram)
- [Detroit Jesuits of the Midwest Province](#) (Facebook)
- [Detroit Mercy University Ministry](#) (Facebook – [Watch this!](#))
- [Fr. James Martin, S.J.](#) (Daily Faith Sharing on Facebook)
- [Jesuit Community at Loyola University in Maryland](#) (Facebook)
- [John Carroll University Campus Ministry](#) (Instagram – [Watch this!](#))
- [Theology Quarantined](#) (Facebook)
- [We Pray the Rosary Together](#) (Instagram)

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## Resources

[BibleGateway – Revised Standard Version Catholic Edition](#)

[Catholic Online](#)

[Church Fathers – Teachings and Resources](#)

[Coronavirus Resources: Responding in Prayer, Reflection and Solidarity](#) (updated regularly)

[iBreviary – Catholic Prayers](#)

[How to Handwash Catholic Style](#) (Catholic Diocese of Dallas)

[Resources for Prayer and Engagement during Coronavirus](#) (Current Catholic)