

ASCENSION OF THE *Lord*

MAY 24, 2020

Go, therefore, and make disciples of all nations,
baptizing them in the name of the Father,
and of the Son, and of the Holy Spirit.

Matthew 28:19



Mission Statement:

Good Shepherd Catholic Church is a diverse parish community;
guided by the Holy Spirit into One Flock, following Jesus Christ,
Our Good Shepherd to live and proclaim the Word of God.
We Value: Life Long Faith Formation | Sacramental Devotions
Evangelization | Community Service | Social Justice

Parish Staff

Pastor: Rev. Christopher Frazer

Parochial Vicar: Rev. Edgardo J. Garcia Velazquez

Deacon: William Sousa

Deacon: Edward Smith (Ret.)

Deacon: Rommel Declines

Deacon: Al Llenos

Business Manager: Denise Wesleder

Parish Office Receptionist: Monica Goodale

Communications and Development Coordinator:
Diane Marcotte

Catholic Faith Formation: (916) 683-2963

Coordinator, Religious Education: Menchie Cabrera

ONE EIGHT/EDGE Confirmation Preparation Coordinators:

Elizabeth Pott & Scotia Burrell

Sacraments

Reconciliation: Saturday 3:30 – 4:30 p.m. at the church, or by appointment.

Baptism: Parents and godparents please see our baptism information at www.gscccg.org regarding scheduling for the baptism class.

Marriage: Engaged couples begin preparation a minimum of six months prior to the date of the wedding. Please contact the parish office to schedule.

St. Elizabeth Ann Seton Catholic School

K-8 Principal: Marci Greene (916) 684-7903

mgreene@stelizabethcg.org

Preschool Director: Tammy Babich (916) 691-4825

Schedule

Mass Times:

Saturday at 5p.m. Vigil

Sunday at 7, 9, 11 a.m. and 1, 5p.m.

Weekdays at 8:30 a.m.

First Saturday of the month at 9:30 a.m.

Holy Days of Obligation - 7p.m. Vigil and 8:30 a.m. and 7p.m.

Children's Liturgy of the Word: 9, 11 a.m. & 5 p.m.

Masses on Sunday

Kinderchurch: 9 a.m. Mass only

Exposition of the Blessed Sacrament:

First Thursday, silent adoration, and with prayers of devotion - 6 to 8:30 p.m. First Friday, Exposition at 10 a.m. until 3 p.m. with Divine Mercy chaplet and solemn benediction.

Church, Office & School

9539 Racquet Court

Elk Grove, CA 95758

(916) 684-5722 ☎ (916) 684-4472 Fax

Hours: Mon., Tues., Thurs., Fri. 8am - 5pm

Closed for lunch 12-1pm

Closed Wednesdays

goodshepherdchurch@frontiernet.net ☎ www.gscccg.org

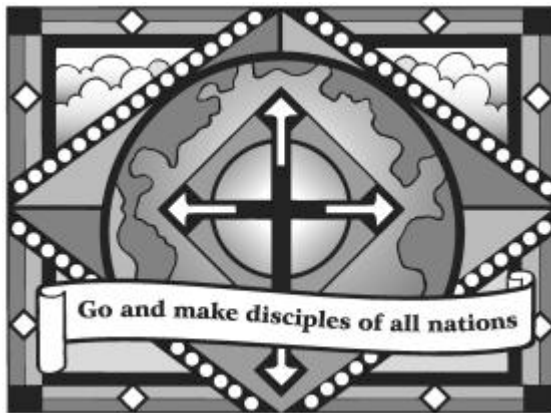
“PUSHED” OUT ON MISSION

There is a delightful character in the original *Dr. Do-little Tales* called the “Pushmi-Pullyu.” It is a beast with two identical halves, with a head at each end. No matter which direction the beast walks, one end is the “push me” and the other is the “pull you.” Today’s feast is a bit like that in the life of the church. In the book of the Acts of the Apostles, it is the ascension of Christ that calls for the Holy Spirit, which consequently sends or “pushes” the church out on its mission. This is the message that we hear from the angels today as they tell the friends of Jesus not to look up into the clouds, but to get busy. It is the message of Jesus himself in Matthew’s Gospel, as he sends them out to baptize. He also tells them, “I am with you always, until the end of the age” (Matthew 28:20). And it is this message, confident in faith that Jesus has ascended to shouts of joy, that “pulls” us along to our final destiny. The life of the faithful disciple, sent into the world on mission, will one day know the same risen, ascended glory.

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SAINTS AND SPECIAL OBSERVANCES

Sunday:	The Ascension of the Lord; World Communications Day
Monday:	St. Bede the Venerable; St. Gregory VII; St. Mary Magdalene de’ Pazzi; Memorial Day
Tuesday:	St. Philip Neri
Wednesday:	St. Augustine of Canterbury; Shavuot (Jewish observance) begins at sunset
Thursday:	Julian Calendar Ascension
Friday:	St. Paul VI



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READINGS FOR THE WEEK

Monday:	Acts 19:1-8; Ps 68:2-3ab, 4-5acd, 6-7ab; Jn 16:29-33
Tuesday:	Acts 20:17-27; Ps 68:10-11, 20-21; Jn 17:1-11a
Wednesday:	Acts 20:28-38; Ps 68:29-30, 33-36ab; Jn 17:11b-19
Thursday:	Acts 22:30; 23:6-11; Ps 16:1-2a, 5, 7-11; Jn 17:20-26
Friday:	Acts 25:13b-21; Ps 103:1-2, 11-12, 19-20ab; Jn 21:15-19
Saturday:	Acts 28:16-20, 30-31; Ps 11:4, 5, 7; Jn 21:20-25
Sunday:	<u>Vigil:</u> Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5; Ps 104:1-2, 24, 35, 27-28, 29-30; Rom 8:22-27; Jn 7:37-39 <u>Day:</u> Acts 2:1-11; Ps 104:1, 24, 29-31, 34; 1 Cor 12:3b-7, 12-13; Jn 20:19-23

Alternatives to Attending Mass

Since we are unable to go to Mass, please watch us on our YouTube channel. We are posting Mass every day. Our website also contains many valuable online resources for prayer, scripture readings, daily reflections and family activities.

If you prefer to watch on TV, look for the Eternal World Television Network (EWTN) on your local cable channel lineup. You can also listen to Relevant Radio, the local Catholic radio station, on AM 1620.

An Act of Spiritual Communion

Those who are unable to physically receive communion may pray the following:

My Jesus,
I believe that You are present
in the Most Blessed Sacrament.
I love You above all things
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there,
and unite myself wholly to You.
Never permit me to be separated from You.
Amen.

Create A Family Prayer Space At Home

Families are spending more time together at home. One good use of this time would be to pray together on a regular basis. This prayer time together can be enhanced by creating a place in your home dedicated to prayer.

Making a place for prayer in our home can help us do what the Gospel tells us, to go into an “inner room” to pray (Matthew 6:6). Make your prayer place as quiet, uncluttered, and “desert-like” as possible. It can be the corner of a room or any unused space. Furnish your prayer place with a Bible, prayer books, cross, rosary, icons, and a candle. Encourage family members to use the prayer place for personal as well as family prayer. You can bless your place of prayer, saying: Come, Holy God. Dwell in this place of prayer, and bless it with your peace and presence. Bless all who seek you here. In Jesus’ name we pray. Amen.

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Parish News

Parish Office Hours

The parish office is open by appointment ONLY. We are available to answer phones and email during our regular business hours. If you need to come in to the office, please call to schedule an appointment.

Church Hours

The church will be open daily from 8:00 a.m. to 3:00 p.m. for individual, private prayer. This schedule will remain in effect until further notice. If you chose to visit the church, please follow social distancing regulations.

Individual Confessions

Confessions will be by appointment ONLY. Please call or email the parish office to schedule a time.

Stay Connected!

- Check **our website, www.gscccg.org**. There you will find links to watch Mass online, information regarding schedule changes and links to other online resources.
- Download **our app, My Parish**. We use the app to send out important messages. The app includes links to daily Mass, scripture readings, etc.
- **Our YouTube channel**. Search for "Good Shepherd Catholic Church Elk Grove" and subscribe to our channel. You'll be able to view Mass celebrated every day right here in our Church.
- **Our Facebook page**. Like and follow [@goodshepherdelkgrove](https://www.facebook.com/goodshepherdelkgrove).
- **Stay inFormed!** Remember to make use of our subscription to **Formed.org**. It's a huge multimedia library that is available to you at no cost.

St. Vincent de Paul News

Thank you for all you do to support SVdP. Due to the Covid-19 virus, SVDP will NOT be accepting clothing, small appliances or personal items until further notice. We also ask that the following items NOT be placed in the wagon in the narthex: fresh food, expired canned goods, partially consumed foods, or medications of any kind. **For assistance please call (916) 647-1243.**



Theology on Zoom

Young Adults are invited to grab a beverage of their choice and join the diocesan young adult ministry via Zoom every Friday night in May at 6:30pm for Theology on Zoom. The guest speaker will change each week. Follow them on Facebook and Instagram [@scdoyya](https://www.instagram.com/scdoyya) for list of speakers! The Zoom link to join is: <https://zoom.us/j/5303667954>.

A Litany to Pray Frequently in Time of Health Pandemic

This may be prayed individually or in alternation with others.

Lord, have mercy. Lord, have mercy.
Christ have mercy. Christ, have mercy.
Lord, have mercy. Lord, have mercy.

Christ, hear us. Christ, hear us.
Christ, graciously hear us. Christ, graciously hear us.

O God the Father, Creator of heaven and earth, have mercy on us.

O God the Son, Redeemer of the world, have mercy on us.

O God the Holy Spirit, Sanctifier of the faithful, have mercy on us.

O holy, blessed, and glorious Trinity, one God, have mercy on us.

From all evil, Lord, deliver us, we pray.

From every sin, Lord, deliver us, we pray.

From everlasting death, Lord, deliver us, we pray.

By your Incarnation, Lord, deliver us, we pray.

By your Death and Resurrection, Lord, deliver us, we pray.

By the outpouring of the Holy Spirit. Lord, deliver us, we pray.

Holy Mary, pray for us.

Holy Mother of God, pray for us.

Mother of the Church, pray for us.

Mother of Christians, pray for us.

Mother of the human family, pray for us.

Refuge of sinners, pray for us.

Comforter of the afflicted, pray for us.

Consolation of the lonely, pray for us.

Solace of the fearful, pray for us.

Hope of the poor, pray for us.

Health of the sick, pray for us.

Companion of the dying, pray for us.

Strength of caregivers, pray for us.

Help of Christians, pray for us.

Queen of angels, pray for us.

Queen of apostles, pray for us.

Queen of martyrs, pray for us.

Queen of virgins, pray for us.

Queen of all saints, pray for us.

Queen of Heaven, pray for us.

Lamb of God, you take away the sins of the world, spare us, O Lord.

Lamb of God, you take away the sins of the world, graciously hear us, O Lord.

Lamb of God, you take away the sins of the world, have mercy on us.

Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Compiled from liturgical and traditional sources by Anthony Ruff, Saint John's Abbey.

Mass Intentions

Saturday, May 23, 2020

5:00 pm

Zenen & Vicky Magtoto (WA)
Maria Kim Oanh Do (+)
Richard Dunton (+)
Emabertha Magaña (DA)
Pedro Monzon (+)

Sunday, May 24, 2020

7:00 am

Pete Blanco (+)
Benjamin Cecilio (+)
Conrado and Estela Gunabe (+)
Amalia Mercado (+)
Ana Mount (+)

9:00 am

Kobe Bernadas (BD)
Paul & Cecilia Bernadas (TG)
Anne Narloch (+)
Hospesia & Pirso Pepipo (+)
Corazon Moya Udtujan (+)

11:00 am

Helcio Da Matta (+)
Alexis Magana (BD)
Maria Mathew (BD)
Concepcion Deperalta (DA)

1:00 pm

Festus Ezeli (SI)
Deceased members of
the Do Family (+)
Bill Sweeney (+)
All souls in purgatory (+)

5:00 pm

Russell Goodale (SI)

Monday, May 25, 2020

8:30 am

Jesi Ross (BD)

Tuesday, May 26, 2020

8:30 am

Wednesday, May 27, 2020

8:30 am

Denise Wesleder (BD)
Marie Langley (TG)

Thursday, May 28, 2020

8:30 am

Lorna Cruz (BD)
Marie Dela Pena (BD)

Friday, May 29, 2020

8:30 am

Key:

Deceased (+) Thanksgiving (TG)

Death Anniversary (DA) Birthday (BD)

Special Intention (SI) Wedding Anniversary (WA)

SI-H) Special Intention for healing

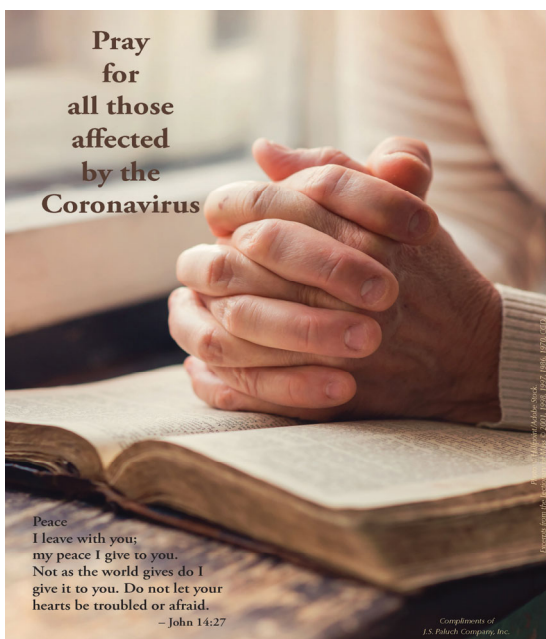
Stewardship at Good Shepherd

Weekly collection total for May 10th: \$16,972.25
(Weekly totals include contributions made through Faith Direct.)

Good Shepherd needs your support now more than ever! Join the parishioners who are using Faith Direct for automated giving to Good Shepherd. Faith Direct offers a safe and secure way to donate to our parish in this time of uncertainty. There is no cost to you, and the program provides a great benefit to our parish.

Getting started is easy! Visit faith.direct/CA688 or text the word ENROLL to (916) 439-8801.

Thank you for your continued support of our parish family, especially during this difficult time for all of us.



PRAYER FOR HEALTH CARE WORKERS

God of everlasting goodness,
you sent your Son among us
to bring healing, peace, and reconciliation to our weary world.
Be with all health care workers and their assistants
in this time of the Coronavirus pandemic.

As they continue Jesus' ministry of care,
renew them in mind, body, and spirit.
Keep them safe from infection and illness,
and may Christ's healing presence flow through them
as they serve those entrusted to their care.

We ask this in his name,
Christ the healer,
who is Lord forever and ever.
Amen.

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Parish Registration and Change of Address

New to Good Shepherd Catholic Church Community?

Recently moved or changed phone number?

Today's Date _____

Name _____

Phone _____

E-mail _____

Address _____

City, Zip _____

Please provide weekly offering envelopes Yes No

Please fill out and deposit in Offertory Basket. Thank You!

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