

June 14, 2020

## Mission Statement:

Good Shepherd Catholic Church is a diverse parish community; guided by the Holy Spirit into One Flock, following Jesus Christ, Our Good Shepherd to live and proclaim the Word of God.

**We Value:** Life Long Faith Formation | Sacramental Devotions  
Evangelization | Community Service | Social Justice



# Welcome Back



Rejoicing as we come  
together again at the  
table of the Lord

### Church, Office & School

9539 Racquet Court  
Elk Grove, CA 95758  
(916) 684-5722  
(916) 684-4472 Fax

Hours: Mon., Tues., Thurs., Fri. 8am - 5pm  
Closed for lunch 12-1pm  
Closed Wednesdays  
[goodshepherdchurch@frontiernet.net](mailto:goodshepherdchurch@frontiernet.net)  
[www.gscccg.org](http://www.gscccg.org)

## Parish Staff

**Pastor:** Rev. Christopher Frazer

Parochial Vicar:

Rev. Edgardo J. Garcia Velazquez

Deacon: William Sousa

Deacon: Edward Smith (Ret.)

Deacon: Rommel Declines

Deacon: Al Llenos

Business Manager: Denise Wesleder

Receptionist: Monica Goodale

Communications and Development

Coordinator: Diane Marcotte

**Catholic Faith Formation:**

(916) 683-2963

Coordinator, Religious Education:

Menchie Cabrera

ONE EIGHT/EDGE Confirmation

Preparation Coordinators:

Elizabeth Pott & Scotia Burrell

## St. Elizabeth Ann Seton

### Catholic School

**K-8 Principal:** Marci Greene

(916) 684-7903

[mgreene@stelizabetheg.org](mailto:mgreene@stelizabetheg.org)

**Preschool Director:** Tammy Babich

(916) 691-4825

## Schedule

### Mass Times:

Saturday: 5p.m. Vigil

Sunday: 7, 9, 11 a.m. and 1, 5 p.m.

Weekdays: 8:30 a.m.

First Saturday of the month: 9:30 a.m.

Holy Days of Obligation:

7p.m. Vigil, and 8:30 a.m. and 7p.m.

**Children's Liturgy of the Word:**

9, 11 a.m. & 5 p.m. Sunday Masses

**Kinderchurch:** 9 a.m. Mass only

**Exposition of the Blessed Sacrament:**

First Thursday, silent adoration, and with  
prayers of devotion: 6-8:30 p.m.

First Friday, Exposition: 10 a.m. until 3

p.m. with Divine Mercy chaplet and

solemn benediction.

## Sacraments

**Reconciliation:** Saturday 3:30-4:30 p.m.  
in church, or by appointment.

**Baptism:** Parents and godparents  
please see our baptism information at  
[www.gscccg.org](http://www.gscccg.org) baptism information  
to schedule baptism class.

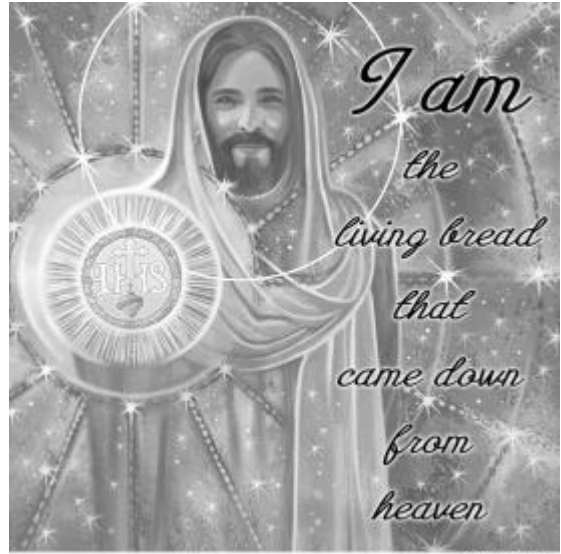
**Marriage:** Engaged couples begin  
preparation at least six months before  
wedding date. Schedule with parish  
office.

## FOOD FROM HEAVEN

God sustained the people of Israel for forty years in the desert with manna sent down from heaven, and Moses doesn't want them to forget it. God brought forth water from stone for them to drink, and Moses doesn't want them to forget this, either. And Moses tells them—twice—that the food that God sent was a food that neither they nor their ancestors before them had ever experienced before.

Jesus too speaks of food come down from heaven, food that the Jewish people had never experienced before. Recalling the manna in the desert, Jesus doesn't want them to forget it either, explaining that he is the food and drink of eternal life. And Paul reiterates to the Corinthians and to all of us that in the bread and in the cup, we share in the body and blood of Christ.

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### READINGS FOR THE WEEK

Monday: 1 Kgs 21:1-16; Ps 5:2-3ab, 4b-7; Mt 5:38-42  
Tuesday: 1 Kgs 21:17-29; Ps 51:3-6ab, 11, 16; Mt 5:43-48  
Wednesday: 2 Kgs 2:1, 6-14; Ps 31:20, 21, 24; Mt 6:1-6, 16-18  
Thursday: Sir 48:1-14; Ps 97:1-7; Mt 6:7-15  
Friday: Dt 7:6-11; Ps 103:1-4, 6-8, 10; 1 Jn 4:7-16; Mt 11:25-30  
Saturday: 2 Chr 24:17-25; Ps 89:4-5, 29-34; Lk 2:41-51  
Sunday: Jer 20:10-13; Ps 69:8-10, 14, 17, 33-35; Rom 5:12-15; Mt 10:26-33

### SAINTS AND SPECIAL OBSERVANCES

Sunday: The Most Holy Body and Blood of Christ; Flag Day  
Monday: Eleventh Week in Ordinary Time  
Friday: The Most Sacred Heart of Jesus  
Saturday: The Immaculate Heart of the Blessed Virgin Mary; World Refugee Day; Summer begins

## Returning to Mass

We are still limited to 100 attendees per Mass. Please go to our website to sign up to attend. We ask you to keep in mind the following:

- Mass check-in begins 30 minutes prior to the start of Mass. Please arrive no later than 10 minutes before Mass. Mass will begin promptly and there will be no admittance once Mass starts.
- To be fair to all parishioners, please sign up to attend one Mass per week—whether that is a weekday or a weekend Mass.
- If you come to Mass without a reservation, you'll be asked to wait in a standby line. At 10 minutes prior to the start of Mass, you may be permitted inside the building as space allows.
- If you sign up and then are unable to attend Mass, please delete your sign up or call the parish office to let us know. Our sign ups are getting full but we have people who are not showing up for Mass. Also, do not reserve spots for family members unless you are certain they will attend with you. Please be courteous to your fellow parishioners — remember we have many people trying to make a reservation to attend Mass.
- Please take a moment to view the videos on our website so that you will know what to expect when returning to Mass.
- As this situation continues to evolve, your patience and understanding is very much appreciated. With grateful hearts, we give thanks for the support of our amazing parishioners and for the opportunity to join together again as one flock in our beloved church home. Welcome back to the table!

## Parish News

### Volunteers Needed

We are looking for parishioners to help with usher duties for our weekday Mass at 8:30 a.m. and for special Masses such as funerals. We are also in need of volunteers to help clean the church pews after these special Masses. This would involve spraying a disinfectant and wiping down the pews. If you are interested in helping out with either of these needs, please contact the parish office. Thank you.

### Parish Office Hours

We are available by phone and email during our regular business hours. The parish office is open by appointment ONLY. If you need to come in to the office, please call to schedule an appointment.

### Church Hours

The church is open daily from 8:00 a.m. to 3:00 p.m. for individual, private prayer. If you chose to visit the church, please follow social distancing regulations.

### Individual Confessions

Confessions will resume on June 20 at 3:30 p.m. in the church. If you would like confession prior to that, please call or email the parish office to schedule a time.

### Stay Connected!

- Check **our website**, [www.gscceg.org](http://www.gscceg.org), for most current information, links to watch Mass online, and links to other online resources.
- Download **our app**, **My Parish**. We use the app to send out important messages. The app includes links to daily Mass, scripture readings, etc.
- **Our YouTube channel**. Search for "Good Shepherd Catholic Church Elk Grove" and subscribe to our channel. You'll be able to view our Sunday Mass.
- **Our Facebook page**. Like and follow @goodshepherdelkgrove.
- **Stay inFormed!** Remember to make use of our subscription to **Formed.org**. It's a huge multimedia library that is available to you at no cost.

## St. Vincent de Paul News

Thank you for all you do to support SVdP. Due to the Covid-19 virus, SVDP will NOT be accepting clothing, small appliances or personal items until further notice. We also ask that the following items NOT be placed in the wagon in the narthex: fresh food, expired canned goods, partially consumed foods, or medications of any kind. On June 8th we served 30 families consisting of 130 people and gave out 122 boxes of food. **For assistance please call (916) 647-1243.**



### Alternatives to Attending Mass

Since we are unable to go to Mass, please watch us on our YouTube channel. We are posting Mass every day. Our website also contains many valuable online resources for prayer, scripture readings, daily reflections and family activities.

If you prefer to watch on TV, look for the Eternal World Television Network (EWTN) on your local cable channel lineup. You can also listen to Relevant Radio, the local Catholic radio station, on AM 1620.

### An Act of Spiritual Communion

**Those who are unable to physically receive communion may pray the following:**

My Jesus,  
I believe that You are present  
in the Most Blessed Sacrament.  
I love You above all things  
and I desire to receive You into my soul.  
Since I cannot at this moment  
receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there,  
and unite myself wholly to You.  
Never permit me to be separated from You.  
Amen.

### Create A Family Prayer Space At Home

Families are spending more time together at home. One good use of this time would be to pray together on a regular basis. This prayer time together can be enhanced by creating a place in your home dedicated to prayer.

Making a place for prayer in our home can help us do what the Gospel tells us, to go into an "inner room" to pray (Matthew 6:6). Make your prayer place as quiet, uncluttered, and "desert-like" as possible. It can be the corner of a room or any unused space. Furnish your prayer place with a Bible, prayer books, cross, rosary, icons, and a candle. Encourage family members to use the prayer place for personal as well as family prayer. You can bless your place of prayer, saying: Come, Holy God. Dwell in this place of prayer, and bless it with your peace and presence. Bless all who seek you here. In Jesus' name we pray. Amen.

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## Mass Intentions

**Saturday, June 13, 2020**

**5:00 pm**

Demetrio Pulanco (TG)  
Rollie & Barbara Swingle  
(54yrWA)  
Jose Avis (+)  
Richard Duntun (+)  
Gloria Ripotola (+)  
Antonio Villa Juan (DA)  
Anastacia Villa Juan (+)

**Sunday, June 14, 2020**

**7:00 am**

Jude Austria (BD)  
Wilhelmina Baclig (SI-H)  
Katherine & Alan Mangubat (WA)  
Conrado & Estela Gunabe (+)  
Josephine Quiroz (+)

**9:00 am**

Erica Johnson (SI)  
Erlinda Mallari (+)  
Primitiva Quero Panelo (+)  
Kathleen Schaa (+)

**11:00 am**

Aires Adalim (BD)  
Ramon Francisco (DA)  
Martha Martinic (+)  
Sean James Refe (DA)  
Sister Tania Pabisic (+)

**1:00 pm**

Ndulue family (SI)  
Floyd Hobson (+)  
Elizabeth Cromwell Taylor (DA)

**5:00pm**

Aires Adalim (BD)  
Celeste Romeiro (+)

**Monday, June 15, 2020**

**8:30 am**

**Tuesday, June 16, 2020**

**8:30 am**

Eugenio V. Alejo, Sr. (+)

**Wednesday, June 17, 2020**

**8:30 am**

Joanne Rodriguez (SI)

**Thursday, June 18, 2020**

**8:30 am**

Benjie Del Rosario (BD)  
Bernadette Del Rosario (BD)  
Elizabeth Pott (BD)  
Venancio Del Rosario (+)  
Corazon Joves (+)

**Friday, June 19, 2020**

**8:30 am**

Daniel and Teena (WA)

**Key:**

*Deceased (+) Thanksgiving (TG)*

*Death Anniversary (DA) Birthday (BD)*

*Special Intention (SI) Wedding Anniversary (WA)*

*SI-H) Special Intention for healing*

## Stewardship at Good Shepherd

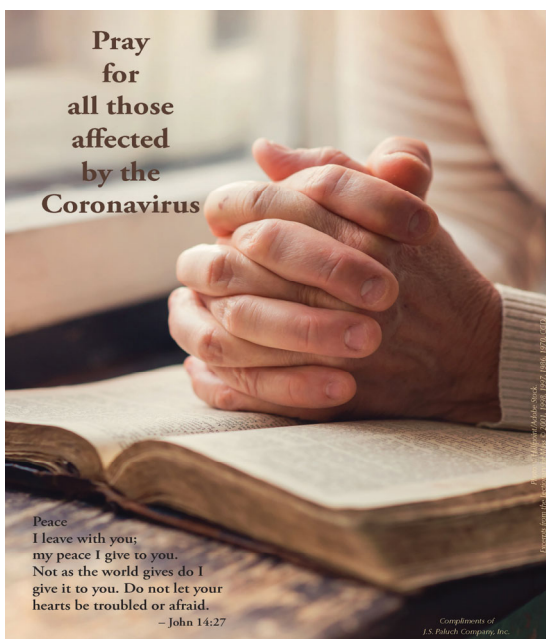
Weekly collection total for May 31st: \$12,473.25

(Weekly totals include contributions made through Faith Direct.)

Thank you for your continued support of our parish family, especially during this difficult time for all of us. National eGiving Day is June 20, 2020 and we need your help. As businesses and churches reopen, we are beginning the summer season. It is during these months that we depend the most on online giving to continue our ministry.

We prayerfully invite you to use eGiving to set up a recurring donation or make a one-time gift. Sign up today using your computer, smartphone, or tablet by visiting [faith.direct/CA688](http://faith.direct/CA688) or text 'Enroll' to (916) 439-8801.

**Thank you for your continued support of our parish family!**



### PRAYER TO OUR LADY, HEALTH OF THE SICK

O Mary,

You shine continuously on our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick, who, at the Cross, united with Jesus' pain, keeping your faith firm.

You, Salvation of the Roman people, know what we need, and we trust that you will provide for those needs so that, as at Cana of Galilee, joy and celebration may return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the will of the Father and to do what Jesus tells us. He who took our suffering upon Himself, and burdened Himself with our sorrows to bring us, through the Cross, to the joy of Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas — we who are put to the test — and deliver us from every danger. O glorious and blessed Virgin.

—Pope Francis, March 11, 2020

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### Parish Registration and Change of Address

New to Good Shepherd Catholic Church Community?

Recently moved or changed phone number?

Today's Date \_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Address \_\_\_\_\_

City, Zip \_\_\_\_\_

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