# GOOD SHEPHERD CATHOLIC CHURCH

#### **MISSION STATEMENT:**

Good Shepherd Catholic Church is a diverse parish community; guided by the Holy Spirit into One Flock, following Jesus Christ, Our Good Shepherd, to live and proclaim the Word of God. **We Value:** Life Long Faith Formation, Sacramental Devotions, Evangelization, Community Service, & Social Justice.

MARCH 6, 2022



# 1st SUNDAY OF LENT

The devil said to him, "All this will be yours, if you worship me." Jesus said to him in reply, "It is written: You shall worship the Lord, your God, and him alone shall you serve." - Lk 4:6a, 7-8

ts from the Lectionary for Mass ©2001, 1998, 1970 CCD.



#### PARISH STAFF

Pastor: Rev. Michael Vaughan

Parochial Vicar: *Rev. Julius Kiogora Kaburu* Deacons: *William Sousa, Rommel Declines* & *Al Llenos* Business Manager: *Denise Wesleder* Receptionist: *Monica Goodale* Communications & Development Coordinator: *Diane Marcotte* 

# OFFICE OF RELIGIOUS EDUCATION 916-683-2963

Coordinator, Religious Education: Menchie Cabrera Confirmation Preparation Coordinator: Elizabeth Pott Director of Youth Ministry: Gonzo Duran

#### MASS SCHEDULE

Saturday: 5:00 pm Vigil Sunday: 7, 9, & 11 am; 1 & 5 pm Weekdays: 8:30 am First Saturday: 9:30 am Swahili Mass: First Sunday at 2:30 pm

#### DISTRIBUTION OF HOLY EUCHARIST

Sunday: 10:00-10:30 am in the Hall

EXPOSITION OF BLESSED SACRAMENT Wednesday: 5:45 - 7:00 pm

First Friday: 10:00 am - 3:00 pm

RECONCILIATION Saturday: 3:00 - 4:30 pm Wednesday: 5:45 - 7:00 pm.

#### PARISH OFFICE HOURS

Mon, Tue, Thur, Fri: 8am - 3pm Closed for lunch 12:00 - 1:00 pm Closed Wednesdays

#### ST. ELIZABETH ANN SETON SCHOOL

K-8 Principal: *Marci Greene* (916) 684-7903 Preschool Director: *Tammy Babich* (916) 691-4825



AND AWAKEN THE JOY!



### SAVE THE DATE

Our next event will be **MARCH MADNESS on March 26**. This will be an afternoon of family fun with a 3 point contest, corn hole tournament and of course

basketball watching with a sports bar vibe! Prizes will be awarded for tournament and contest winners. This free event is open to all ages. Please RSVP on our website.



Join the Knights of Columbus for their **St. Patrick's Dinner on March 19<sup>th</sup>.** An evening out for \$25 per person includes a great dinner, some Irish dancing and Bingo with great prizes. There will be cocktails, entertainment, music and fun for the whole family. Proceeds from this event support various parish projects and ministries. Get your tickets now before they sell out! Stop by the Knight's table in the narthex or contact the parish office to purchase.

# MASS FOR ST. JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY

An additional Mass will be held Saturday, March 19 at 9:30 am to celebrate the Solemnity of St. Joseph, Spouse of the Blessed Virgin Mary. Join us for the specially scheduled Mass recognizing St. Joseph as Patron of the Universal Church and Guardian of the Redeemer.

# THIS WEEK AT THE PARISH

March 9: KofC Rosary @ 7:00 pm March 10: St. John Caregiver Support Meeting @ 10:00 am March 13: Fellowship/Pancake Breakfast March 13: 13th of the Month Rosary @ 2:00 pm

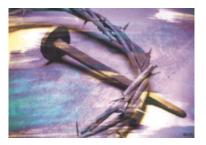
# SOUP FOR THE SOUL AND STATIONS OF THE CROSS

**Soup for the Soul** is back this year! Join us every Friday through April 8 beginning at 5:45 pm. We will serve a light soup dinner and watch **The Search** video series with Chris Stefanick. (April 1 will be held in the narthex. All other Fridays will be in the Fr. Philip Wells Hall.)

**Stations of the Cross** will follow Soup for the Soul each Friday evening during Lent (except Good Friday) starting at 7:00 p.m. in the church. You can also join the students of St. Elizabeth Ann Seton school on Wednesdays at 1:15 pm for Stations of the Cross (March 9-April 6).

# ADORATION OF THE BLESSED SACRAMENT

Every Friday during Lent (March 4-April 8) we will have Adoration from 10:00 am to 3:00 pm in the Church.



### LENTEN REGULATIONS

During Lent the Church calls us all to a spirit of penance through prayer, fasting and almsgiving.

- •Everyone over 14 years old is obliged to abstain from meat on Ash Wednesday and all Fridays of Lent.
- •Everyone aged 18-59 is obliged to fast on Ash Wednesday and Good Friday. Fasting means that one full meal may be taken. Two other small meals may be eaten, but together they should not equal one full meal.
- •We are urged to read and pray with sacred Scripture more intently during Lent and to participate in special devotions such as Eucharistic adoration, praying the Rosary, and Divine Mercy Chaplet, for example.
- •You are especially encouraged to partake of the Sacrament of Reconciliation during Lent.
- •The church décor is to be kept to a minimum during Lent. No flowers can be used in the church or the narthex. Please do not leave any flowers by the statues or in the narthex. They will be disposed of.
- •For more details on the Lenten Regulations, visit https:// www.scd.org/news/lenten-regulations-2022

# **READINGS & OBSERVANCES**

#### **READINGS FOR THE WEEK**

Monday:	Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt 25:31-46
Tuesday:	Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/Mt 6:7-15
Wednesday:	Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32
Thursday:	Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8/Mt 7:7-12
Friday:	Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/Mt 5:20-26
Saturday:	Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48

#### **OBSERVANCES FOR THE WEEK**

Sunday:	1 <sup>st</sup> Sunday of Lent	
Monday:	Sts. Perpetua and Felicity, Martyrs	
Tuesday:	St. John of God, Religious	
Wednesday:	St. Frances of Rome, Religious	

#### DAY OF RECONCILIATION AND UNITY

March 9 is the Diocesan Day of Reconciliation and Unity. This is a penance day for negative attitudes and discrimination toward people of differing culture, ethnicity and race; and prayer for unity in our diversity, for equality, mutual respect and peace among all peoples. (Statute 123 §3 (c)). Take this day to pray for greater understanding and love for all peoples.

# **MASS INTENTIONS**

#### SATURDAY, MARCH 5

5:00pm Bernardo A. Barba (+)

#### SUNDAY, MARCH 6

7:00 am Bernardo A. Barba (+) 9:00 am Virginia Crisologo (+) 11:00 am Marculina Lima (+) 1:00 pm Patricio Salingdon (+) 5:00 pm Jovita Pendon (+)

MONDAY, MARCH 7 Martin and Daniel (SI-H) **TUESDAY, MARCH 8** 

Bernardo A. Barba (1yrDA) WEDNESDAY, MARCH 9 Martinha Avis (+)

#### **THURSDAY, MARCH 10**

Sergio Santos (+)

FRIDAY, MARCH 11 Hannah Palmer (SI)

Key: Deceased (+) Thanksgiving (TG) Death Anniversary (DA) Birthday (BD) Special Intention (SI) Wedding Anniversary (WA) SI-H) Special Intention for healing

#### THIS WEEK WE WILL REMEMBER IN PRAYER:

**Birthday**: <u>7am 3/5</u>: Meynard Dimaano; <u>1pm3/6</u>: Ruel and Grace Cruz; <u>3/7</u>: Santino Ote; <u>3/11</u>: Aurea Ingusan, Fr. Gerard Ingusan, Makai Magtoto

**Thanksgiving:** <u>3/5</u>: Josefina Domingo and family; <u>9am 3/6</u>: Helen and Leoni; <u>11am 3/6</u>: Javier family **Special Intention for Healing:** <u>3/5</u>: Esperanza Caluza; <u>3/9</u>: Rick Erhard

Special Intention: 9am 3/6, 8:30 am 3/7-3/11: Robert Ortiz

Anniversary: 3/5: Jose and Yolanda Cumagun

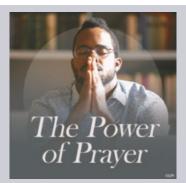
**Death Anniversary:** <u>9am 3/6</u>: Inocencia Deperalta; <u>5pm3/6</u>: Danny Cabebe; <u>3/9</u>: Silverio Macabenta; <u>3/10</u>: Ronald P. Dunn (1yrDA)

**Repose of the Soul:** <u>3</u>/5-6 all Masses: Teresita Carlos Gacad, Edgardo Mercado; <u>3</u>/5: Maria Arrieta, Roger Geach; <u>7am 3/6</u>: Pepita Fontanilla, Conrado and Estela Gunabe, Alfred and Helen Lial; <u>9am 3/6</u>: Hermogenes Deperalta; <u>11am 3/6</u>: Edilberta Cecilio, Pennamma and Sisy, All souls in purgatory; <u>1pm 3/6</u>: Maxima, Aborsio and Neria Gonzales, Dominador Oyan, all souls in purgatory: <u>5pm 3/6</u>: Mary Cabebe, Efren Gamayo, Olegaria Jorrin, Lilia Ramirez, Escolastico Vito; <u>3/7</u>: George and Alekutty, Manuel and Tina Marquez; <u>3/9</u>: Maria Fagundes, Bob Schnetz; <u>3/10</u>: Reynaldo Ramos; <u>3/11</u>: Fe Carouno Amurao, Tonquito Divinagracia



# UPCOMING FUNERALS:

Carl Marszewski March 10 at 11:00 am Fernando Fernandez March 12 at 10:00 am



### FILLING THE BASKET THIS LENT

Lent calls us into deeper everyday stewardship because it beautifully creates opportunities to be mindful of the call of Christ in even the most mundane moments of our day.

Many of us will participate in the timehonored tradition of doing penance, or "giving something up" for Lent. When we do this, we are mimicking the Israelites who filled their baskets with the first fruits of their harvest, "and having set them before the Lord, your God, (bowing) down in his presence" (Deuteronomy 26:10).

What are we going to bring before the Lord this Lent? What are our first fruits?

If you're struggling with ideas for how to "fill your basket," it can help to come at the problem from the opposite side. Take a look at the six characteristics of Everyday Stewardship and think about the moments in your day when you fail to fulfill the virtues to which they call you.

What is keeping you from being mindful of the call of Christ throughout your day? I promise you, if you listen, you'll hear it more than once.

What is keeping you from being prayerful? When you have set your first fruits before the Lord, what keeps you from bowing down in His presence to finish the offering?

What keeps you from being grateful — especially of the small things that so often go unnoticed?

What keeps you from being gracious, from leaving people smiling as they walk away?

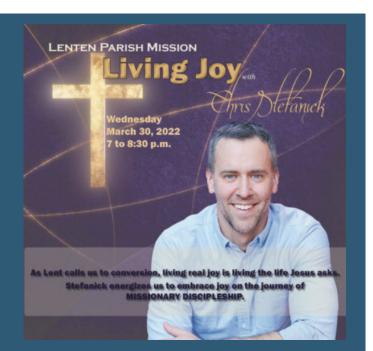
What keeps you from being committed and accountable? Where do your excuses come from and what makes you indulge them?

Tracy Earl Welliver, MTS ©LP

# LENTEN PARISH MISSION

As Lent calls us to conversion, living real joy is living the life Jesus asks. We are excited to welcome **Chris Stefanick** on March 30th at 7:00 pm for our **Lenten Mission**. Chris will share his 9 practical rules to help you rediscover and live joy every day.

We have purchased a limited number of copies of Chris's book, **Living Joy**, for parishioners. Visit https://gscceg.org/blog/2022-parish-mission to RSVP for the mission and to reserve your free copy of the book. You can also call the parish office for details.





Thank you for your support of our St. Vincent de Paul Society! On Feb. 28 we served 37 families consisting of 159 people and gave out 158 boxes of food. Thank you for your generous clothing donations. **We currently can not accept any more clothing.** SVdP has funds available for utility assistance for our 95757 and 95758 residents. For assistance please call (916) 647-1243.

#### MINISTRY OF CONSOLATION

The diocese is offering a free workshop on March 19 & 20 for those who are being called to offer comfort and support to grieving members of their parish. To RSVP go to cfcssacramento.org/events.

### HOLY SPIRIT NOVENA MINISTRY

All are welcome to join the Holy Spirit Novena Ministry. Our next meeting is on the 2nd Thursday, March 10, at 11:30 am in the Youth Room which is located next to the St. Vincent De Paul donation center. Our email: HolySpiritNovenaMinistry@gm ail.com.

#### **KINDERCHURCH**

Kinderchurch will be meeting on the 1st and 3rd Sunday of every month during the 11:00 am Mass. If you have a child between the ages of 2-5 and are interested in having them attend class during Mass send an email to kinderchurch@gmail.com for reserve your spot and for more information.



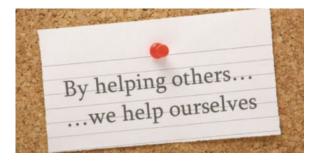
## THE GROVE—YOUTH MINISTRY

All high school and middle school teens are invited to attend our youth ministry events. We are excited for The Grove's first **High School Retreat** on March 18 -20. For more info and the schedule visit **thegroveyouthministry.com.** 

#### UPCOMING EVENTS:

- March 6—Generous on Purpose (high school at St. Joseph)
- March 11—The Hunger Games (middle school at St. Maria Goretti)
- March 13—XLT at St. Maria Goretti

PARISH REGISTRATION AND CHANGE OF ADDRESS		
New to Good Shepherd Catholic Church Community? $\Box$	Recently moved or changed phone number? $\Box$	
Name	Phone	
E-mail	Address	
Please provide weekly offering envelopes □Yes □No	City, Zip	
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	4	



### STEWARDSHIP WEEKLY COLLECTION TOTAL FOR FEB 26/27: \$24,643.95

#### **GIVING UP ENVELOPES FOR LENT!**

We invite you to help us save money by giving up your offertory envelopes this Lent and enrolling with Faith Direct! With Faith Direct you can make regular automatic contributions to Good Shepherd using your credit/debit card or bank account. It's secure and convenient. There's no cost to you and the program provides a great benefit to our parish! Just visit **faith.direct/ CA688** or text 'Enroll' to (916) 439-8801. Thank you for your continued support of our parish family.

#### THANK YOU FOR HELPING OUR NEIGHBORS IN NEED THROUGH THE ANNUAL CATHOLIC APPEAL

Gifts that have already been made to the Appeal will make a difference in the lives of those who suffer physical, material and spiritual poverty. If you have not yet made a donation, it's not too late! Donate online at www.scd.org/acagive. Envelopes are also available in the church or the parish office. 25% of your gift is returned to our parish for our own ministry to people in our community. Your gift matters!

#### VOLUNTEER

⇒ Volunteer opportunities are always available here at Good Shepherd. Visit www.https://gscceg.org/volunteer to see how you can help.

#### DONATE

⇒ Per Diocesan guidelines, Eucharistic Ministers are still required to wear masks while distributing communion. We are in need of disposable face masks for them. Donations can be dropped off in the parish office. Thank you!

#### **SPRING CLEANING ALERT!**

It's time to shred your old bank statements, tax forms, bills, etc. at the St. Elizabeth Ann Seton Catholic School's 2022 paper shredding fundraiser. This drive-thru event will be held on Saturday, April 9 from 8:30am – 12:30pm in the church parking lot. The suggested donation is \$10 per box. Proceeds go to St. Elizabeth Ann Seton Catholic School. Contact Elizabeth at edesilva36@yahoo.com with any questions.

# CATHOLIC FUNERAL & CEMETARY SER-VICES PARISH OUTREACH

This weekend, representatives from St. Mary Cemetery & Funeral Center will be joining us after Mass to invite you to join them for a free Lunch & Learn at Mimi's Café on March 10th at 11:30 AM. Advance reservations are requested and the opportunity to sign up will be available at their table this weekend. Please stop by and meet our Diocesan Funeral and Cemetery representatives and sign up for a free lunch. If you have any questions, or need a different time to meet please call Steve Patton at 916-840-2124.

# **40 DAYS FOR LIFE**

From March 2 through April 10, the 40 Days for Life Spring Campaign will be held – 40 days of prayer and fasting for an end to abortion. You are invited to stand and peacefully pray with us during a 40-day vigil in



front of Planned Parenthood at 201 29<sup>th</sup> Street, Sacramento. For more information or to volunteer, contact: Susan at 530-320-1614 or email: <u>susanalive@gmail.com</u> or go to: 40daysforlife.com/ sacramento to sign on to the calendar. All are welcome.



Do you know someone who has left the Church? Most of us do not have to look very far to find non-practicing Catholics in our circle of family and friends. Many of us are concerned

about these loved ones, but we don't know how to help them.

As baptized practicing Catholics, we have a precious gift of faith and love from the Lord that needs to be shared with our nonpracticing brothers and sisters. First, we need to pray for them. Next, we need to extend a personal invitation to them to come home to the Church. Most non-practicing Catholics are waiting for an invitation to return. Many mistakenly think they are excommunicated and are not welcome to return for a variety of reasons.

Many non-practicing Catholics carry with them a tremendous amount of guilt and misinformation about the Church and are afraid of approaching the Church for fear of being rejected. You can make a tremendous difference in someone's life simply by reaching out to them and telling them that we miss them and would like for them to come back home to the Church family.

Our "Catholics Returning Home" program will help non-practicing Catholics return to the Church. The next series begins April 20. Please pass this article on to anyone you know who might be interested. For more information, please contact the parish office or visit the parish website.

