

CFF PARENT TRACKING SHEET

CFF Parents/Guardians are required to give at least **4 hours of service to the parish** and attend at least **3 Parent Workshops** this year as part of the family Sacramental Preparation journey.

Please note that the Parent Workshop requirement has been adjusted to no longer use a rolling 3 year tracking of attendance. The requirement is a total of 6 parent workshops attended during each child's 2-year sacramental preparation journey. The Parent Workshop themes change year to year so there is always something new to learn and grow from. If you have questions about your particular family's situation, Email your respective coordinator (Menchie Cabrera – First Holy Eucharist or Elizabeth Pott – Confirmation).

Please CIRCLE the applicable
Sacramental Preparation Program

Student's Name(s): _____

1st Eucharist	Confirmation 1 or 2
1st Eucharist	Confirmation 1 or 2
1st Eucharist	Confirmation 1 or 2
1st Eucharist	Confirmation 1 or 2

Parent's Name(s): _____

4 SERVICE HOURS TO THE PARISH		
<ul style="list-style-type: none"> Track Your Hours with authorized signatures and turn this form in to the RE Office at the end of the year. 		
HOURS	DESCRIPTION OF SERVICE	SIGNATURE BY AUTHORIZED REPRESENTATIVE

3 PARENT WORKSHOPS		
<ul style="list-style-type: none"> The sign in sheets @ the Parent Workshops will still be used as "backup" attendance verification. You still need to get your tracking sheet stamped at the end of the workshop. If you are attending a Parish Event that has been identified as an acceptable Workshop opportunity, this tracking sheet needs to be signed by a Ministry Lead or Clergy Member to verify your attendance. Turn this form in to the RE Office once you have fulfilled your requirement. 		
DATE	PARENT WORKSHOP TITLE	SIGNATURE BY AUTHORIZED REPRESENTATIVE IF NEEDED

FAQ: WHY do I need to complete Parent Service Hours & attend Parent Workshops during my child's Sacramental Preparation?

Sacramental Preparation is a FAMILY journey and as parents, we strive to answer God's call to a life of holiness and service in our relationship with our family. We accomplish this when we share & model the faith to our children.

Parent Service Hours to the Parish:

The greatest reward of serving others is how it makes you feel about yourself. That special feeling is God's way of telling you thank you! Thank you for caring! Thank you for making a difference in the world! By doing these service hours in the Parish, you are not only modeling Christian service for your child, you're engaging in your faith community, learning about the various ministries that serve our parish, and helping our parish continue to grow and evangelize!

How do I find out about Parent Service Hour Opportunities?

Always check the Parish Website (<https://gscceg.org/about/volunteer>) for volunteer opportunities to sign up and volunteer at parish events. Signup links are added throughout the year, but going by past years, these opportunities will slow down in the spring right before the Parent Tracking Sheets are due, so don't delay in completing your Parish Service hours.

As a last resort, if you find that you're short on "time", but not on "treasure", you can exercise the "buyout" option. Every \$20 (Cash OR Gift Card Donation) is equal to 1 Parent Service Hour.

- Acceptable Gift Cards are: Best Buy, Target, & Walmart – we use these to help purchase items for the Religious Education Raffle Baskets and other Religious Education needs each year.

Parent Workshops:

One of the best gifts you can give your child is the understanding that we are always learning and growing in our faith. Ongoing catechesis is not only possible as an adult, but essential to help us live in an ever deepening relationship with God. The Parent Workshops provide you with continuing catechesis, personal enrichment in your spiritual life and provide practical ways to build up your family in faith.

How do I sign up to attend the Parent Workshops?

The Parent Workshops are open to all parishioners of Good Shepherd. For the parents with children in Sacramental Preparation, we encourage you to "RSVP" on the signup lists that are linked to the First Holy Eucharist and Confirmation pages on the Parish Website. This will provide an approximate attendance in case we need to prepare handout materials.

The "RSVP" signups are not used as verification of attendance at the workshops. You will still need to sign in upon arrival at the GSCC Religious Education Parent Workshops and get your Parent Tracking Sheet SIGNED/STAMPED after the workshop and at the Diocesan and Parish sponsored events in order to receive credit for attendance.

Please be respectful of the posted workshop times. The sign in sheets at our workshops are picked up 15 minutes after the workshop start time, so anyone arriving late won't be able to sign in to receive credit for that Workshop.