

Confirmation Requirements

YEAR 1 CFF HIGH SCHOOL FAMILIES

STUDENT REQUIREMENTS:

Students: Sacramental preparation for Confirmation is a time for you to grow in knowledge so that you can share and defend your faith, grow closer to God in prayer, and become more aware of the needs of your community through service. The BEST way to accomplish this is by being open and willing to walk this journey with your Core Team, Parents, & Faith Family. **You have to look at Confirmation Preparation NOT as something, “I HAVE to do ☹”, BUT as something, “I WANT to do ☺”!** Everything in Confirmation Preparation has a purpose – to help you understand your faith better and bring you closer to God! We know that you’re unsure of what to expect during Confirmation Preparation, we just ask that you keep an open mind, an open heart, and a willingness to engage in conversation...God will help you do the rest! ☺

Attend ALL ONE EIGHT Nights throughout the year

ONE EIGHT Nights use the LIFE TEEN sacramental preparation curriculum, ONE EIGHT (from Acts 1:8). These 10 lessons during year 1 will strengthen your foundational understanding of our faith, the Church, and prayer (the most important gift we have to strengthen our relationship with God and His beloved son, our Savior, Jesus Christ). ONE EIGHT Nights are directed by a Core Team of adult leaders, high school teens, youth ministers, and religious.

Attend at least 5 LIFE TEEN Nights (High School Youth Group) throughout the year

LIFE TEEN is our comprehensive youth ministry program for students in High School (Grades 9-12). LIFE TEEN will provide general catechesis that will supplement the Confirmation preparation you receive on ONE EIGHT Nights as well as nurture stronger faith filled relationships with your peers and develop a sense of community within your faith family here at GSCC. LIFE TEEN is held most Sunday nights AFTER the 5:00 PM LIFE TEEN Youth Mass. Contact our LIFE TEEN Youth Minister, Joshua Hollcraft at Lifeteengoodshepherd@gmail.com, for more information.

Complete 3 Saint Reports

It is a tradition here at Good Shepherd for candidates to be confirmed by the name of their chosen patron saint. For this reason, you need to be more familiar with the lives of the saints (both their challenges and their faithfulness). In order to help with this, you will be researching the lives of 3 saints **between the months of September through December**. The research process will help you select your patron saint for the purposes of the Sacrament of Confirmation in the second year of your Confirmation Preparation.

Works of Mercy Service Project (WOM):

Bishop Soto’s document, *“Norms for the Preparation for the Sacrament of Confirmation of Teens”*, emphasizes the importance of service to the community based on the **Corporal & Spiritual Works of Mercy**. The Bishop stresses that it is important for youth to be aware of the needs in our communities and then to be actively engaged in addressing those needs. The Bishop also stresses the importance of performing Christian service, especially in the Confirmation Preparation years, as a family unit. Students in Year 1 of Confirmation Preparation will be required to complete 1 Work of Mercy Service Project (WOM) this catechetical year WITH a parent (family). **Students, you need to have your WOM Service Project completed & Reflection Essay turned in by April 15, 2019.**

Select a Sponsor for Confirmation

By Canon Law, a Sponsor for Confirmation must be a **practicing, confirmed Catholic**, who is **at least 16 years of age** and **if married, was married in the Catholic Church**. The Sponsor can NOT be your mother or father. YOU (not mom or dad) are encouraged to select your sponsor. The sponsor should be a person who is prayerful, open, dependable, loving, and someone who you are comfortable sharing your faith with. We also encourage you to select someone who lives close by so that you and your Sponsor are better able to share this faith journey together. **You may select ONE Sponsor only and the completed Sponsor Form needs to be turned in by April 15, 2019..**