



Candidate and Sponsor Assignment 1

YEAR 1 • **CANDIDATE COPY** • DUE DECEMBER 3, 2026

Candidate full name: _____ Sponsor full name: _____

This assignment gives you time to get to know each other, learn about the Church, pray, and check how the Confirmation journey is going. Meet in person or talk by phone or video. Read and discuss together; each person writes their own responses in their own copy.

Your path through Assignment 1

- 1 **Talk** and share your faith stories.
- 2 **Check in** on prayer, parish life, and Year 1 preparation.
- 3 **Read** “How Is Your Faith Expressed?” by Maura Thompson Hagarty and **discuss** it.
- 4 **Choose** one shared activity: have fun together, attend Mass, or serve.
- 5 **Pray** together and turn in your responses.

Begin with prayer

Holy Spirit, guide our conversation. Help us listen with care, learn from each other, and notice the ways you call us to grow. Through Christ our Lord. Amen.

Share your faith stories

What is one thing you hope to discover about God, the Catholic faith, or yourself this year? Why?

What helps you connect with God? If you are unsure, what would you like to try?

Check in and provide support

Review each area together. Notice what is going well and choose practical support for what needs attention. Ask the Confirmation Coordinator if any expectation is unclear.

- ☐ **Sunday Mass or Saturday vigil** • How is participation going?
- ☐ **Reconciliation** • Have you made time to receive this sacrament?
- ☐ **Sponsor Form** • Has the completed original been turned in? Digital copies are not accepted.
- ☐ **ONE EIGHT (CFF) or Religion Class (SEAS) Assignments** • Have you completed and turned in your assignments assigned to date?
- ☐ **Christian Service** • Year 1 expectation: 20 hours • Where are you at with regards to completing these hours?
- ☐ **GROVE** • Year 1 expectation (9 credits) • How many GROVE credits have you completed so far?

What is going well, and where would support help?

What question or concern would you like to send to the Confirmation Coordinator?

Pray the Our Father, Hail Mary, and Glory Be together. If the Candidate is still learning one, practice it together without pressure.

Candidate's four-week goal for prayer or Mass participation. Your Sponsor will set their own goal.

Candidate: check in during the next four weeks and encourage the Sponsor's goal.

Learn something together

Read the provided article “**How Is Your Faith Expressed?**” by Maura Thompson Hagarty. It describes young people as part of the Church now, the Church as the Body of Christ, and four ways to practice faith: prayer and worship, proclaiming God’s Word, building community, and working for justice. Discuss before writing. Each person answers from their own perspective.

1. How could you participate in the life of the Church right now?

2. What gift or strength could you offer your family, parish, school, or community and how would you do share this gift or strength?

3. Which expression of faith feels familiar? Which would you like to grow in this year?

4. When is it hard to live your faith or make a good choice? What support would help?

Do something together

Choose at least one activity. If you live apart, participate in similar activities where you live and talk afterward by phone or video.

- ☐ **Have fun together** • Choose an activity you both enjoy and make time to talk.
- ☐ **Attend Mass together** • Go together, or attend on the same weekend (different parishes) and discuss the Gospel and homilies.
- ☐ **Serve together** • Volunteer together, or do similar service where each of you lives and discuss it.

What did you do? Include the date and place or organization, if relevant.

What stood out to you, and what did you learn about your Sponsor and/or your faith?

Pray and finish

Spend a moment praying silently for each other. Then each person may share one intention.

Pray together: “Lord, guide us as we walk together. Help us listen, grow in faith, and share your love. Amen.”

I completed this assignment with my Sponsor and wrote my own responses.

Candidate signature: _____ **Date:** _____

Turn in your completed copy WITH your Sponsor’s copy.

If your Sponsor lives away and responds through the Sponsor Google Form on the parish website, submit your copy and then mark below.

- ☐ My Sponsor has confirmed that they have submitted their responses on the Sponsor Google Form on the parish website. This must be done before you turn in your copy.