

# Faith Discussion, Review/Reflection & Action – Year 1

(Due May 18, 2025)

## Discussion

Sponsor & Candidate please discuss the following questions together.

- Sponsor:** Talk about significant religious celebrations in your life such as First Communion, special Masses, weddings, funerals, etc. Also discuss some other special memories connected with the Church.
- Candidate:** Talk about significant religious celebrations in your life such as First Communion, special Masses, weddings, funerals, etc. Also discuss some other special memories connected with the Church.
- Sponsor:** Share a significant life experience. What part did your faith play in this experience?
- Candidate:** Think about one specific decision you faced today. How did your decision show that you are a disciple of Jesus?

## Review/Reflection

Sponsor & Candidate please spend time reflecting on and discussing the Candidate's progress on their preparation requirements and areas in your spiritual lives that could use some work. Share with each other where you feel you need work to strengthen your faith life and how you can work on this individually and together. **Then on your respective Google Form links found on the parish website, share your responses.**

**Sponsor & Candidate:** Discuss the Candidate's progress regarding the following requirement components of Confirmation preparation. You are there to encourage and help them if they are lacking or falling behind in these areas. If there are areas where they need clarification to help them fulfill the requirement, please note that on the Google Form when you submit your responses so that we can offer assistance.

- |   |  |
|---|--|
| <input type="checkbox"/> Weekly Mass Attendance                           | <input type="checkbox"/> ONE EIGHT Class Attendance & Assignments          |
| <input type="checkbox"/> GROVE Youth Ministry Attendance (need 9 credits) | <input type="checkbox"/> Christian Service Hours (need 20 hours)           |
| <input type="checkbox"/> Sponsor Form turned in (original copy)           | <input type="checkbox"/> Saint Report Project (due in February)            |
| <input type="checkbox"/> Chosen their Confirmation Saint Name (May)       | <input type="checkbox"/> Sacrament of Reconciliation recently (regularly?) |

**Does your Candidate know these prayers?** Lord's Prayer, Hail Mary, Glory Be

- Sponsor:** What are you looking forward to most about being a Sponsor for your Candidate?
- Candidate:** What are you looking forward to most about having your Sponsor be on this faith journey with you?

## Action

Sponsor & Candidate please select *at least* one activity from the **Do Something** AND the **Learn Something** activity to do together between now and May 18th (you are welcome to do more activities). If you don't live close to each other, we've accounted for this in the instructions and provided you with an alternate method to do the activities in separate locations.

**Do Something:** for this assignment select at least one of the **Do Something** activities below to do together.  
Please don't do the same option all 4 times.

**Do something FUN together:** You will each write a brief description of what you did on the Google Form links provided.  
*Nothing makes a relationship stronger than doing something fun together so that you can laugh and just be yourselves. This can be absolutely any fun activity that you and your Candidate want to do together.*

**Go to Mass together:** You will each answer questions 1 & 3 on the Google Form links provided.  
*This can either be done together in-person or if you live in different areas and can't meet in person, pick the same day to go to Mass so that you can discuss the same Gospel and your respective homilies afterward.*

1. Where did you go to Mass? (Church name & town)
2. Before you go to Mass, discuss something you can both pray for as your Mass intention. Maybe write this on a card to take with you to Mass and place it in your Bible.
3. What was something you learned from the Gospel and homily?

**Serve together (volunteer service):** You will each write a brief description of what you did on the Google Form links provided.  
*This can either be done together in-person or if you live in different areas and can't physically get together, pick the same organization or similar service activity to do separately (maybe on the same day or week) and discuss your experiences afterward.*

**Learn Something:** Sponsor & Candidate please complete the **Learn Something** activity below together and discuss. In the **Google Links** provided to each of you, share your responses and something new that you learned.

- Read & Discuss the **How Is Your Faith Expressed** article by Maura Thompson Hagarty that is linked on the Faith, Discussion & Action page of the parish website.
- On page 3 of the article, Ms. Hagarty reminds us that, "At the end of Mass when the celebrant says, "Go forth..." you are being sent out to make Christ's presence known." What do you take away from Mass and how do you make Christ's presence known to the world?
  - In the Work for Justice section of the article, Ms. Hagarty reminds us that "Part of being Catholic is working to ensure that the dignity of every person is respected." How have you (or how could you) live out this principle in your everyday life? Think about at work or at school.
  - Teens – you ARE the bearers of hope as we look to the future. How do YOU "make noise" through the values of beauty, goodness and truth?

**Candidate:** Based on the article, "How Is Your Faith Expressed?" which area of faith expression have you chosen to work on over the next few months? (*check one*)

prayer & worship  proclaiming God's Word  building up the community  working for justice

- Why have you chosen to work on this area of your faith expression?
- What specifically (*see examples below*) will you do to challenge yourself to grow in this area? Please follow the examples provided.

**Sponsor:** Based on the article, "How Is Your Faith Expressed?" which area of faith expression have you chosen to work on over the next few months? (*check one*)

prayer & worship  proclaiming God's Word  building up the community  working for justice

- Why have you chosen to work on this area of your faith expression?
- What specifically (*see examples below*) will you do to challenge yourself to grow in this area? Please follow the examples provided.

**Examples:**

~~I will pray more.~~

Every night before I go to bed I will talk to God about my day.

~~I will read the Bible.~~

I will keep my Bible by my bed and each night I will read one section of the Gospel of Matthew and think about what it means for my life.

~~I will try to help feed the hungry.~~

I will volunteer the first Saturday of each month at Davis Community Meals.