

Faith Discussion, Review/Reflection & Action – Year 1

(Due by December 11, 2025) Please write LEGIBLY

Candidate's Name (First & Last): _____

Sponsor's Name (First & Last): _____

Sponsor's Email: _____

Sponsor's Phone: _____

Discussion

Sponsor & Candidate please discuss the following questions together.

- Sponsor:** Talk about significant religious celebrations in your life such as First Communion, special Masses, weddings, funerals, etc. Also discuss some other special memories connected with the Church.
- Candidate:** Talk about significant religious celebrations in your life such as First Communion, special Masses, weddings, funerals, etc. Also discuss some other special memories connected with the Church.
- Sponsor:** Share a significant life experience. What part did your faith play in this experience?
- Candidate:** Think about one specific decision you faced recently. How did your decision show that you are a disciple of Jesus?

Review/Reflection

Sponsor & Candidate please spend time reflecting on and discussing the Candidate's progress on their preparation requirements and areas in your spiritual lives that you would like to work on. Share with each other where you feel you need to strengthen your faith life and how you can work on this individually and together.

Sponsor & Candidate: Sponsors', please discuss the importance of the following obligations we have as Catholic Christians and the specific requirements your Candidate has for Confirmation Preparation. How is your Candidate doing fulfilling these and how can you help them? If either of you have questions or concerns about any of these, please use the space provided below to submit them to the Confirmation Coordinator:

- Are you attending Sunday Mass (or Vigil Mass) regularly?
- Are you participating in the regular reception of the Sacrament of Reconciliation?
- Is your completed (*original copy*) Sponsor Form turned in? (No digital copies are allowed)
- Are you completing class assignments? (*ONE EIGHT Assignments [CFF students] or Religion Class Assignments [SEAS students]*)
- Are you completing your Christian Service Hours? (*20 Christian Service Hours need to be completed in Year 1*)
- Are you attending GROVE nights/events? (*9 GROVE credits need to be completed in Year 1*)

Questions/Concerns about our obligations and Confirmation Preparation requirements?

Does your Candidate know these prayers? “The Lord’s Prayer”, “Hail Mary”, and “Glory Be” (if not, please practice these with your Candidate)

Sponsor: What are you looking forward to most about being a Sponsor for your Candidate?

Candidate: What are you looking forward to most about having your Sponsor be on this faith journey with you?

Action

1. Sponsor & Candidate please select *at least* one activity from the **Do Something** section.
 - a. *If you don’t live close to each other, we’ve accounted for this in the instructions and provided you with an alternate method to do the activities in separate locations.*
2. Sponsor & Candidate please complete the **Learn Something** activity together.

Do Something: for this assignment select at least one of the **Do Something** activities below to do together.

☐ **Do something FUN together:** You will each complete the Response Questions provided at the end.
Nothing makes a relationship stronger than doing something fun together so that you can laugh and just be yourselves. This can be absolutely any fun activity that you and your Candidate want to do together.

☐ **Go to Mass together:** You will each complete the Response Questions provided at the end.
This can either be done together in-person or if you live in different areas and can’t meet in person, pick the same day to go to Mass so that you can discuss the same Gospel and your respective homilies afterward.

☐ **Serve together (volunteer service):** You will each complete the Response Questions provided at the end.
This can either be done together in-person or if you live in different areas and can’t physically get together, pick the same organization or similar service activity to do separately (maybe on the same day or week) and discuss your experiences afterward.

Learn Something: Sponsor & Candidate please complete the **Learn Something** activity below.

- ☐ Read & Discuss the “**How Is Your Faith Expressed?**” article by Maura Thompson Hagarty that is linked on the [Sponsor’s Page](#) of the parish website.
1. On page 3 of the article, Ms. Hagarty reminds us that, “At the end of Mass when the celebrant says, “Go forth...” you are being sent out to make Christ’s presence known.” What do you take away from Mass and how do you make Christ’s presence known to the world?
 2. In the Work for Justice section of the article, Ms. Hagarty reminds us that “Part of being Catholic is working to ensure that the dignity of every person is respected.” How have you (or how could you) live out this principle in your everyday life? Think about at work or at school.
 3. Teens – you ARE the bearers of hope as we look to the future. How do YOU “make noise” through the values of beauty, goodness and truth?

Response Questions:

If you are NOT completing this assignment together **IN-PERSON**, the Candidate will supply their responses below and the Sponsor will go online to the Sponsor's Page on the parish website to submit their responses on the correct Google Form link.

Do Something: Both Candidate & Sponsor should write a brief response to the questions for the **Do Something** activity you chose.

☐ We chose to do something **FUN** together:

What did you do together? _____

(Candidate) Share a highlight of the activity or what made this fun activity with your Sponsor memorable for you: _____

(Sponsor) Share a highlight of the activity or what made this fun activity with your Sponsor memorable for you: _____

(Candidate) What did you learn about your Sponsor during this fun activity? _____

(Sponsor) What did you learn about your Sponsor during this fun activity? _____

☐ We chose to go to Mass together: Mass attended on: _____ (mm/dd/yyyy)

Candidate:

Where did you go to Mass? (Church name & town): _____

What was something you learned from the Gospel and homily? _____

Sponsor:

Where did you go to Mass? (Church name & town): _____

What was something you learned from the Gospel and homily? _____

☐ We chose to serve together (volunteer service):

What volunteer service did you do? _____

Was this service performed together in-person or separately? _____

When & where did you perform this volunteer service? _____

Candidate:

What is God teaching you through this volunteer experience and how does this experience relate to your faith? _____

What was the most meaningful part of this experience for you? _____

Sponsor:

What is God teaching you through this volunteer experience and how does this experience relate to your faith? _____

What was the most meaningful part of this experience for you? _____

Acknowledgment of Completion:

We have completed this assignment together in-person and are providing our responses on the following page.

Candidate's Signature: _____

Sponsor's Signature: _____

OR

We have completed this assignment remotely and I am providing my responses below and my Sponsor is providing their responses on the Google Form linked to the Sponsor's Page on the parish website BY THE DUE DATE of December 11, 2025.

Candidate's Signature: _____